

# The Good News

## Worshipful Work

I have been so blessed to serve as Interim Priest at two wonderful congregations – St. Joseph Church, Lakewood, and Transfiguration, Evergreen. St. Joseph’s was a very strong and healthy faith community due to the model for ministry their retired priest created. I want to highlight two features that gave them such vitality.

One was an agenda called “Worshipful Work.” It is a way of conducting meetings that shifts from a “business” to a “Gospel” model. I have the full

handout for you to read and consider. Here are just a few differences:

Business model find answers, solve problems, debate, the bottom line, political

Gospel model build relationships, ask right questions, reach spiritual consensus, mission/vision, seek the mind of Christ and listen

The second bit of wisdom I want to share with you is the

importance of working in community with one another. At St. Joseph’s they eliminated the word “committee” and replaced it with “community” – the outreach community, stewardship community, spiritual life community, etc. Changing the lingo helped change the attitude. The strength of such practice is- no one works as a lone ranger. One woman came to me with a bright idea for a fund raiser.

*Continued.....*

### Inside this issue:

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### Special points of interest:

- *Prayer for the Search Committee*
- *What is Shrove Tuesday?*
- *Concert at St. John’s Cathedral*
- *Lenten—Holy Week Schedule*
- *Canon Douglas event at Cathedral*

## Worshipful Work, continued

She wanted my blessing to take off with it. I referred her to the Stewardship Community, explaining that her project needed the discernment and support of the appropriate community. She did so and her idea was undertaken and planned by a group of people. Their approach strengthened relationships and it was rooted in prayer and the commitment to discern together the mind of Christ.

I was so pleased to see the EChO soup ministry become organized and involve more people. The 8:00 congregation has taken on the responsibility for cooking every other month. That alone added more parishioners to the ministry. Kudos to Sara Gaden and Stephanie Park for taking hold and building community through this ministry. I see new vitality and health in several places here at COT. The Search Committee is another example of working together in the Spirit of the "Gospel" model of worshipful work.

Soon you will have new leadership. He or she will find a very different community from the one I entered on July 1st. You are working together as the body of Christ – creating and strengthening your faith community.

Sarah Berlin

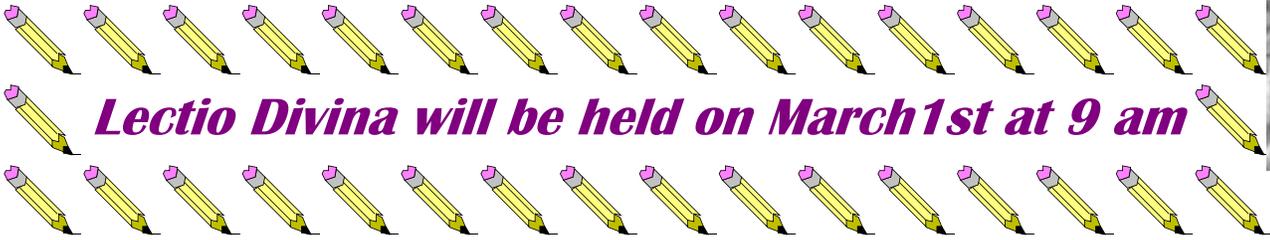
## **Ash Wednesday (March 5)**

**Holy Eucharist and the  
imposition of ashes**

**7:00 pm**



Check This Out!!!



*Lectio Divina will be held on March 1st at 9 am*

# Shrove Tuesday Pancake Supper

Join us at 5 pm on Shrove Tuesday,

March 4th at 5:00 pm.

Bring your family, friends  
and a big appetite!!!



## Church of the Transfiguration Staff and Vestry

Supply Priest - The Rev. Sarah Berlin  
303-674-4904 ext. 11

Parish Administrator—Jerri Avery,  
303-674-4904

Organist & Choir Director—Bob Coursen,  
303-674-4904

Director of Children's Ministries—Janet  
Reznik, 303-674-9253

Building & Grounds Administrator—  
Ken Schmidt, 303-598-6128

### Office Hours

Monday 1-5

Tuesday 10-5

Wednesday 12 -7

Thursday 10-5

[cotransfig@gmail.com](mailto:cotransfig@gmail.com)

[www.church-transfig.net](http://www.church-transfig.net)

[www.colorado-weddings.org](http://www.colorado-weddings.org)

### 2014 Vestry

Co- Senior Wardens: David  
Black & Randy Reznik

Junior Warden—Stephanie Park

Arwen Berry

Michael Coriden

Mary Hatfield

Treasurer—Ted Terry

Vestry Clerk—Sara Gadeken



**Soup Ministry**

Homemade soups in the freezer are available for parishioners and friends that are sick, shut-in or need some TLC. Feel free to give soup to someone you see at church that is hurting, or take soup to someone you are going to visit. The soups are in the freezer on the east wall of the kitchen.

**Goulash Soup**

**2 lbs ground beef**

**Medium onion, chopped**

**1 cup celery, chopped**

**3 cans minestrone soup**

**1 can ranch style beans**

**1 or 2 cans of rotel tomatoes (original)**

**1 large can of diced tomatoes**



**Brown meat, onions and celery. Add remaining ingredients and simmer for at least 30 minutes. Add salt and pepper to taste.**

**REMEMBER TO MULTIPLY RECIPE BY 8 FOR EChO**

**March Soup Team Leader: Patsy Langworthy**

## Canon Douglas Commemorated at Cathedral—Shelley Black

On Sunday, February 16, at the 9:00 a.m., 11:15 a.m., Services, and the 3:30 p.m. Evensong, Saint John's Cathedral commemorated Canon *Charles Winfred Douglas as Priest, Organist, Composer, Chant Scholar, Champion of the English Catholic Use, and Tireless Servant of the Church.*

An additional commemoration of Douglas's life and achievements was held in the Cathedral's Dagwell Hall, which included presentations by Jack Maher, great grandson of Canon Douglas, and executive producer at Channel 9 News, and John Steinle, education and history supervisor at Hiwan Homestead Museum in Evergreen. Transfiguration's own Sean Spillane carried the Douglas family banner during the processional at the 11:15 service, and organist-extraordinaire Bob Coursen played the Postlude at the conclusion of the beautiful Evensong.



Canon Douglas left us a legacy of praising God through song. His passionate interest in plainsong (Gregorian chant) led him to write in his journal, “My musical work of all kinds must be whole-hearted if I would have God hear it and men profit by it, and it must spring from love of God ... I must not neglect any element that makes the service speak of God and his order and his beauty.”

## Shrove Tuesday Explained

The last three days before the beginning of Lent is known as Shrovetide. The old names for these days were: 1) Quinquagesima Sunday—Shrove Sunday, the fiftieth day before Easter; 2) Collop Monday—Shrove Monday, named after the traditional dish of the day...collops of bacon served with eggs. In addition to providing little meat, the collops were also the source of the fat for the following day's pancakes, and 3) Pancake Day—Shrove Tuesday, the day on which all fats and cream had to be used up. Shrove Tuesday is one of the moveable feasts in the church calendar and is directly related to the date on which Easter falls. Shrove Tuesday always falls 47 days before Easter Sunday so the date varies from year to year and falls between February 3 and March 9. The word shrove is past tense of the English verb "shrive", which means to obtain absolution for one's sins by confessing and doing penance. Shrove Tuesday gets its name from the shriving (confessing) that English Christians were expected to do prior to receiving absolution immediately before Lent began. Shrove Tuesday is a day of celebration, as well as penitence, because it's the last day before Lent. Lent is a time of abstinence, of giving things up. So Shrove Tuesday is the last chance to indulge your self, and to use up the foods that aren't allowed in Lent. In the old days that observant Christians would not eat during Lent: foods such as meat and fish, fats, eggs, and dairy products. So that no food was wasted, families would have a feast on the shriving Tuesday, and eat up all the foods that wouldn't last the forty days of Lent without spoiling. The need to eat up the fat gave rise to the French name Mardi Gras ("Fat Tuesday"). Pancakes became associated with Shrove Tuesday, as they were a dish that could use up all the eggs, fats and milk in the house with just the addition of flour.



[Continued.....](#)

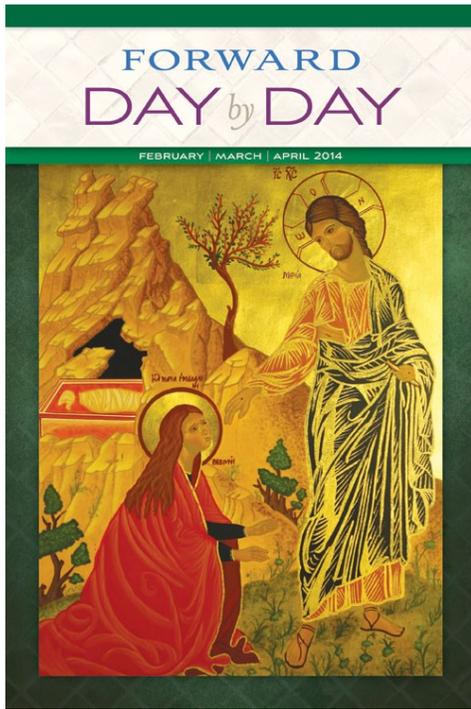
## Shrove Tuesday Explained, continued

Shrovetide was celebrated with games, sports, dancing and other revelries. There were feasts to use up the food that could not be eaten during the Lenten fast. Football was played in the streets and Nickanan Night (as Shrove Monday evening was called in Cornwall) was a time for boys to run riot in the villages; hiding gates, taking off doorknockers, and making off with anything that householders had forgotten to lock away. The origin of pancake racing is thought to have been in Olney, 1445. A woman from Olney had lost track of the time on Shrove Tuesday, and was busy cooking pancakes in her kitchen. Suddenly she heard the church bell ringing to call the faithful to church for confession. The woman raced out of her house and ran all the way to church still holding her frying pan and wearing her apron. On Pancake Day, pancake races are held in villages and towns across the United Kingdom. In 1634 William Fennor wrote in his *Palinodia*: "And tesse their pancakes up for feare they burne." The contestants, traditionally women, carry a frying pan and race to the finish line tossing the pancakes as they go. As the pancakes are thin, skill is required to toss them successfully while running. The winner is the first to cross the line having tossed the pancake a certain number of times.

[www.emmanuelgv.org](http://www.emmanuelgv.org)

The day before the beginning of Lent is known as Shrove Tuesday. To shrive someone, in old-fashioned English (he shrives, he shrove, he has shriven *or* he shrives, he shrived, he has shrived), is to hear his acknowledgement of his sins, to assure him of God's forgiveness, and to give him appropriate spiritual advice. The term survives today in ordinary usage in the expression "short shrift". To give someone short shrift is to pay very little attention to his excuses or problems. The longer expression is, "to give him short shrift and a long rope," which formerly meant to hang a criminal with a minimum of delay.

<http://elvis.rowan.edu/~kilroy/jek/LITCAL/ShroveTuesday.html>



Forward Day by Day:  
Available in the back of the  
church!

[http://  
www.forwardmovement.org/](http://www.forwardmovement.org/)

**Come see Mattie Eades in The Wiz!!!**

**Conifer High School Cafeteria**

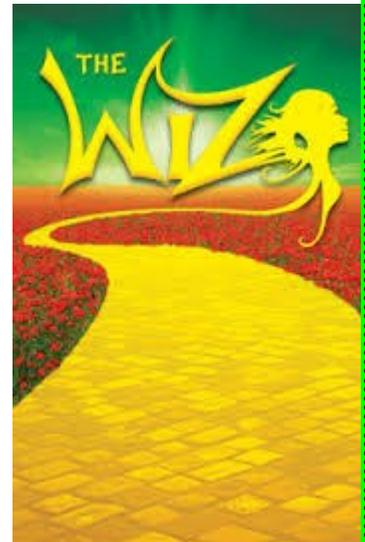
**10441 Highway 73**

**Thursday, February 27th—7 pm**

**Friday, February 28th—7 pm**

**Saturday, March 1st—1 pm**

**Saturday, March 1st—7 pm**



**Cathedral Concerts**

**Tuesday 3/11—Music at Noon: Duo Firebird, cellist and pianist**

**Friday 3/14—The Colorado Bach Ensemble: coloradobachensemble.org**

**Friday 3/21—New York Polyphony: sjcathedral.org**



Prayer for Search Committee:

Most loving God, continue to give the Search Committee a wisdom greater than their own as they begin the interviews.

Be with the applicants as they discern Your will for their vocation and call. May the committee and the candidates remain under the guidance of Your Holy Spirit. We thank you

for the continued ministry of Jerry, Cindy, Liz, Joe, Holly, Cort, Larry and Michael. And help us all to renew our confidence in the love and strength of Jesus Christ our Lord.

Amen



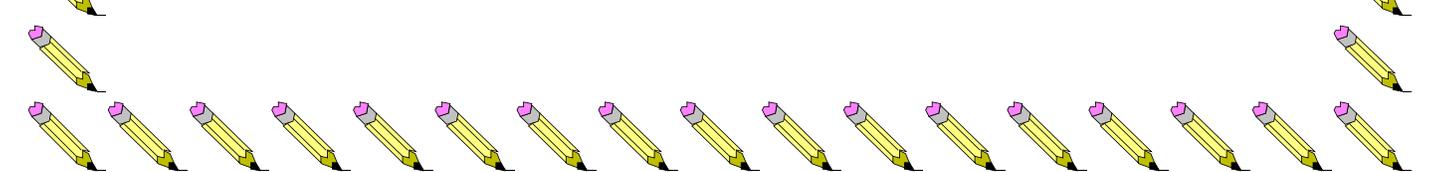
*February 2014*

*- Altar piece will be moved from in front of pipe organ to back "grotto" stone area behind small bell tower*

*- Sound system will be moved to vestment area*



**ALL PARISHIONERS ARE WELCOME TO SIT IN ON THE OPEN SESSIONS OF THE VESTRY MEETINGS.**



## Lenten—Holy Week Schedule

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Shrove Tuesday (**March 4**) 5:30 pm-7:00 pm

Pancake Dinner with children's activities.

Ash Wednesday (**March 5**) 7:00 pm

Holy Eucharist and the imposition of ashes.

Evensong (**March 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>; April 3<sup>rd</sup>, 10<sup>th</sup>**) 6:30 pm

Palm Sunday (**April 13**) 8:00 am & 10:15 am

Holy Eucharist with Palm Procession starting in Douglas Hall



Maundy Thursday (**April 17**) 7:00 pm

Holy Eucharist with Foot Washing

Good Friday (**April 18**)

Stations of the Cross: noon

Good Friday Liturgy: 7 pm

# Winter Sunday School Schedule

What's left.....

**March 2 – 10:15**

**Parable of Parables**

**March 4 – Shrove Tuesday**

**Party at 5:00**

  
Please volunteer to help with Sunday School!  
Two teachers are needed for each class, in order to be in compliance with Diocesan rules!  
If you have any questions:  
[courtev@evcohs.com](mailto:courtev@evcohs.com)  
[snyderkit@hotmail.com](mailto:snyderkit@hotmail.com)

**DO YOU ENJOY WORKING WITH WOOD?!?! WE ARE HOPING TO FIND A VOLUNTEER TO MAKE A SIGN TO HANG FROM WILDERNESS CABIN. IT SHOULD LOOK LIKE THE ST. MARK'S SIGN, BUT WILL SAY "SUNDAY SCHOOL". INTERESTED?**

**PLEASE CONTACT STEPHANIE PARK—303-564-0210 OR  
STEPHANIEPARK911@GMAIL.COM**

## Estate Planning Tips to Protect Your Growing Family

Church of the Transfiguration/Episcopal Day School of Evergreen

Tuesday, March 11, 2014

6:00 P.M. – 7:30 P.M.



Why do I need a will? What can a will do for me and my family? When is it appropriate to have a will? What needs to be in a will? Should I update my will? Attorney, Timothy S. Wilson, from Sells Law Firm will be leading a discussion on these questions and more. Come and learn more about the many possible benefits of a will and how those benefits can

Timothy S. Wilson, Attorney at Law, is a dedicated lawyer and a resident of Evergreen. Mr. Wilson earned his Juris Doctorate at The University of Dayton and his Bachelor of Arts from Cedarville University. He is licensed to practice law in Colorado and Ohio as well as the U.S. District Courts in the districts of Colorado and Southern Ohio, and the U.S. Court of Appeals for the Sixth Circuit. Mr. Wilson's primary areas of practice include Estate Planning, Probate and Estate Administration, and Elder Law. He also assists in matters of Business and Real Estate Law.

Mr. Wilson has a variety of strong legal experience at both large and medium-sized law firms. Prior to joining the Sells Law Firm, he advocated for small businesses and individuals as the managing attorney of The Wilson Practice. Mr. Wilson has performed complex legal work for multiple Fortune 500 companies with a major global law firm. He has advocated for numerous plaintiffs in matters of Workers' Compensation and Employment Law.

Mr. Wilson faithfully dedicates himself to our community. He teaches at Colorado Christian University, serves as an Evergreen Area Chamber

Sells Law Firm, founded in 1978, the Sells Law Firm is committed to ethical, professional and aggressive representation of its clients. Based in Evergreen, CO, we are proud to work with people in our community. Our familiarity with the judicial system on a local, state, and federal level gives us the advantage when representing our clients. Regardless of whether you are looking for full- representation or just legal advice, our priority is your satisfaction throughout the process.

We maintain a computerized communications and document retrieval system which provides the best possible client representation and communication by allowing us to keep current, detailed records that can be accessed quickly. Continuing professional development with participation in legal education seminars, workshops and conferences is emphasized at the firm. With this contemporary knowledge combined with our years of practical experience, you can count on Sells Law Firm to provide dependable counsel for your legal issues.

[www.sellslaw.com](http://www.sellslaw.com)

Information provided in this presentation is for educational purposes only and to provide a general understanding of the law, not to provide specific legal, tax, or financial advice. Information provided should not be used as a substitute for legal, tax, accounting, financial, or professional counsel for your specific situation. Attendance at this presentation does not create an attorney-client relationship between you, Mr. Wilson and/or Sells Law Firm. Such a professional relationship can only be established by a written agreement signed by an attorney of Sells Law Firm.

# The Transfiguration Book Club

**Monday, March 24th from 6:30—9:30 PM in the Church**

***A Higher Call* by Adam Makos & Larry Alexander**

**All are invited to join in on this fun and interesting group—ladies AND gentlemen!**

**Even if you have never come to any of the meetings before, please come.....and bring friends!**

**Please bring a snack and drink to share**

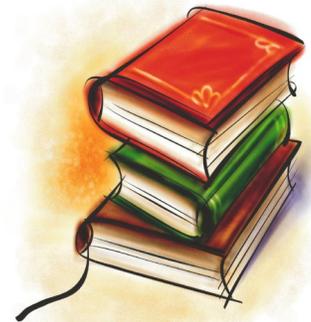
**If you have question or concerns, email**

**Shelley Black—[Shelley\\_Black@att.biz](mailto:Shelley_Black@att.biz)**

**Kit Snyder—[snyderkit@hotmail.com](mailto:snyderkit@hotmail.com)**

**April's book is:**

***The Burgess Boys* by Elizabeth Stout**



**MOVIE NIGHT WILL NOT BE HELD IN MARCH, SO WE CAN  
OBSERVE SHROVE TUESDAY.**

**PLEASE PLAN TO JOIN US IN APRIL FOR MOVIE NIGHT, THE FIRST  
TUESDAY OF THE MONTH!**

## Announcements

### Rezoning Meeting

Rezoning: To allow for the existing conference center uses and to allow for a restaurant (<4,000 s.f.), brew pub/vintner (<4,000 s.f.), business/professional offices and low intensity special goods/services (<2,000 s. f.) and for a single family residential lot.

Planning Commission Hearing: Wednesday, March 5th

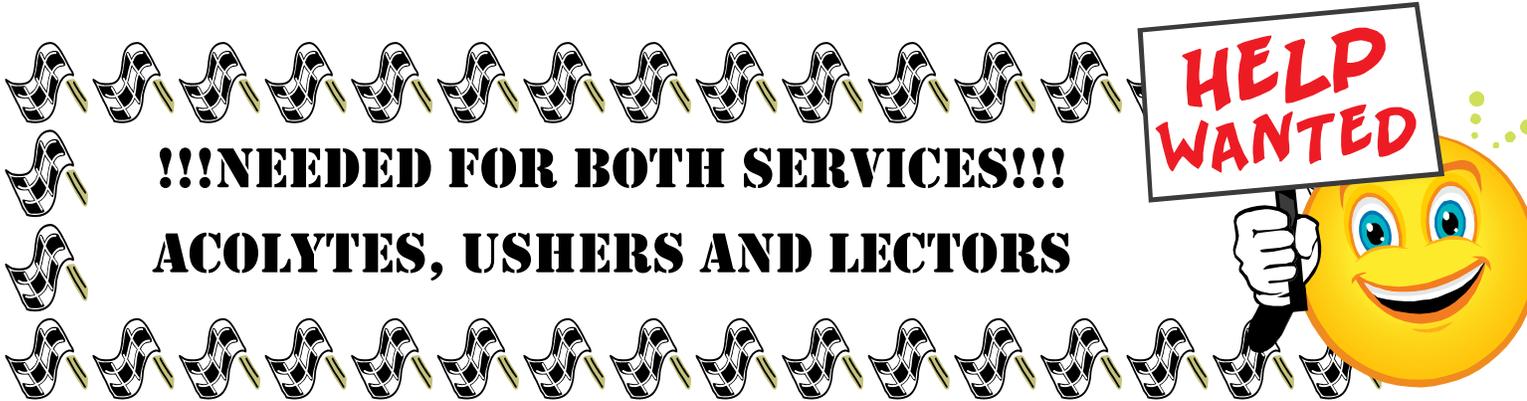
6:15 PM

Board of County Commissioners Hearing: Tuesday, March 25th

8:00 AM

Jefferson County Courts & Administration Building, 100 Jefferson County Pkwy, Hearing Room 1, First Floor

**!!!NEEDED FOR BOTH SERVICES!!!**  
**ACOLYTES, USHERS AND LECTORS**



## Prayers



### Anointing and Healing

**Prayers** Anointing and healing prayers are offered by Mother Sarah and the Daughters of the King during the 10:15 service on the last Sunday of each month. All are welcome to come to the front of the church after communion for this special offering. This month the prayers will be on March 30th.

### Morning Prayer Service

sponsored by the Daughters of the King and in fellowship with EDSE is offered on THURSDAY mornings at 9:30 AM in the church. The Daughters and Friends of the Episcopal Day School extend an invitation to all to attend this wonderful service. Please feel free to walk the Labyrinth after.

### Evening Prayer Service

also sponsored by the Daughters of the King is offered on the second and fourth Mondays of each month at 5:30 pm in the Chapel of St. Mary and St. Joseph. The next Evening Prayer services will be March 10th and 24th.

# Evergreen Christian Outreach

## Needs List-March 2014

Small Peanut Butter

Hearty Soups

Mac & Cheese

Spaghetti Sauce

Tuna

Laundry Detergent

Helper Meals

Toothpaste

Boxed Pasta

Toilet Paper

Sugar

Canned fruit

Tooth Brushes

Canned Vegetables

Cold Cereal

Bar Soap

Dish Liquid Soap

Instant Potatoes



Ketchup, mayonnaise, mustard, relish, etc.—small bottles

**!!!!!!MARCH ITEM OF THE MONTH: CONDIMENTS & COLD CEREAL!!!!!!**

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## Other Items for St. Raphael's House

Coffee Makers

Pots & Pans

Spoons & Forks

Vacuum Cleaners

Tarps

Socks for all

Towels

Telephones

Men's Jeans

Bedding

Blenders, Toasters, Microwaves

Blankets

Underwear for all

Drinking Glasses & Dishes

**Note:** *No after hours donations accepted due to fire and safety requirements. Thank you for your cooperation and your donations.*

**Volunteers Always Needed!**

Call: 303-670-1796

Open Mondays 10-6

Open Tuesday, Wednesday & Thursday 10-4

*Celebrate!!!*

## March Birthdays

Pat Work	3/2
Emil Gadeken	3/5
Robert Jacobsen	3/11
Neil Walden	3/11
Mary Haave	3/12
Mary Jean Bedard	3/13
Boone Losche	3/15
Don Snyder	3/15
Michael Marcoux	3/15
Linda Gallup	3/16
Hudson McCarthy	3/17
Jon Carlson	3/23
Jerry Shrimpton	3/27
Bill Lathrop	3/30
Floy Senior	3/30
Sara Gadeken	3/31

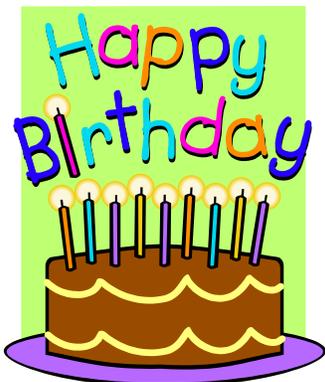


## March Anniversaries

Dave McDonald and Pat Magerkurth  
March 18

Dick and Jane Wilson  
March 19

Bill and Barbara Houston  
March 26



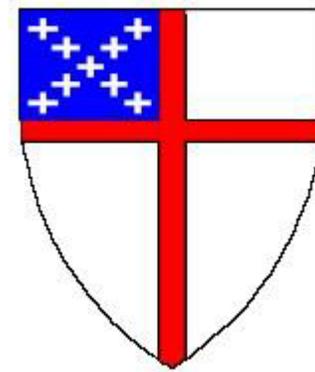
# March 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Church</b> <b>Douglas Hall</b> <b>St. Mark's</b>	<b>Meadow</b> <b>Chapel</b> <b>Stuart</b> <b>Lounge</b>			27 7 pm The Wiz—Conifer HS with Mattie Eades	28 7 pm The Wiz—Conifer HS with Mattie Eades	1 8 am <b>AA</b> 9 am <b>Lectio            Divina</b> 11 <b>Evergreen            Chorale Tryouts            1 &amp; 7 —The Wiz</b>
2 8 am <b>Holy Eu-            charist</b> 10:15 am <b>Holy Eu-            charist, Sunday            School</b>	3 9-3 <b>EDSE</b> 6-9 <b>Search Com-            mittee</b> 6:30 <b>EDSE Board            Meeting</b>	4 9-3 <b>EDSE</b> 5 pm <b>Shrove Tues-            day Pancake Sup-            per</b>	5 9-3 <b>EDSE</b> 7 <b>Ash Wednesday            Service</b> 7 <b>Investment Club</b> 7:30 pm <b>AA</b>	6 9-3 <b>EDSE</b> 9:30 <b>Morning            Prayer</b> 9-11 <b>EChO</b> 7 pm <b>Choir</b>	7	8 8 am <b>AA</b> 9:30-5 <b>ECHO</b>
9 8 <b>Holy Eucharist</b> 9 am - <b>Lenten Series</b> 10:15 <b>Holy Eucha-            rist, Sunday School</b>	10 9-3 <b>EDSE</b> 5:30 pm <b>Evening            Prayer</b> 9-3 <b>EDSE</b> 6-9 <b>Search Com-            mittee</b>	11 9-3 <b>EDSE</b> 4-6 <b>Property Com-            mittee</b> 6 <b>Mtg about Wills</b> 7-9 <b>EChO Board            Meeting</b>	12 9-3 <b>EDSE</b> 9-10 <b>EChO</b> 7:30 pm <b>AA</b>	13 7:30-4:30 <b>EChO</b> 9:30 <b>Morning            Prayer</b> 9-3 <b>EDSE</b> 6:30 <b>Evensong</b> 7:15 pm <b>Choir</b>	14	15 8 am <b>AA</b> 9:30-5 <b>ECHO</b>
16 8 <b>Holy Eucharist</b> 9 am - <b>Lenten Series</b> 10:15 <b>Holy Eucharist,            Sunday School</b> 12-4 <b>Habitat for Hu-            manity Potluck</b>	17 9-3 <b>EDSE</b> 9-11 <b>EChO</b> 9-3 <b>EDSE</b> 6-9 <b>Search Com-            mittee</b>	18 9-3 <b>EDSE</b> 5:30-9 <b>Friendship            Bridge</b>	19 9-3 <b>EDSE</b> 7:30 pm <b>AA</b>	20 8:30-11:30 <b>EChO</b> 9:30 <b>Morning            Prayer</b> 9-3 <b>EDSE</b> 6:30 <b>Evensong</b> 7:15 pm <b>Choir</b>	21	22 8 am <b>AA</b>
23 8 <b>Holy Eucharist</b> 9 am - <b>Lenten Series</b> 10:15 <b>Holy Eucha-            rist, Sunday School</b>	24 9-3 <b>EDSE</b> 5:30 <b>Evening            Prayer</b> 9-3 <b>EDSE</b> 6-9 <b>Search Com-            mittee</b>	25 9-3 <b>EDSE</b>	26 9-3 <b>EDSE</b> 7:30 pm <b>AA</b>	27 8:30-11:30 <b>EChO</b> 9:30 <b>Morning            Prayer</b> 9-3 <b>EDSE</b> 6:30 <b>Evensong</b> 7:15 pm <b>Choir</b>	28	29 8 am <b>AA</b>
30 8 <b>Holy Eucharist</b> 9 am - <b>Lenten Series</b> 10:15 <b>Holy Eucha-            rist, Sunday School</b>	31 8:30-11:30 <b>EChO</b> 9-3 <b>EDSE</b> 5:30 <b>Evening Prayer</b> 9-3 <b>EDSE</b> 6-9 <b>Search Com-            mittee</b>					



**THE CHURCH OF THE  
TRANSFIGURATION**

P.O. Box  
Highway 74  
Evergreen, Colorado 80439  
303-674-4904



We're on the Web!  
[www.church-transfig.net](http://www.church-transfig.net)

## Newsletter Submissions

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Please contact Stephanie Park with ideas, suggestions and monthly reports for the newsletter. Monthly reports to be submitted no later than the 22nd of each month.

[stephaniepark911@gmail.com](mailto:stephaniepark911@gmail.com)



**Have something to add to the newsletter?!?!  
Please contact Stephanie (see contact information to the left).**

**Upcoming ideas for pages: recipe exchange,  
community coupons, trivia and games**

**ALL IDEAS WELCOME AND  
ENCOURAGED!!!**